

	Week 1	Week 2	Week 3
MONDAY	Breaded Haddock OR Salmon Chips Carrots + Peas Semolina OR Yoghurt	Spaghetti Bolognese Vegetable Mince Tuna & Cheese Beans + Broccoli Hot Chocolate Delight	Pasta + Cheese + Tuna Carbonara Pepperonatta Broccoli + Beans Banana Custard OR Yoghurt
TUESDAY	Roast Lamb Roast Turkey + Seasoning Quorn New Potatoes Carrots + Cabbage Apple Crumble Custard	Fish Fingers OR Salmon Chips Carrots + Mushy Peas Peach Melba	Ham & Pineapple Quiche Garlic Bread Cauliflower Cheese + Sweetcorn Chocolate Sponge & Chocolate Sauce
WEDNESDAY	Lasagne: Beef, Bean Veggie Mince OR Seafood Garlic Bread Broccoli + Sweetcorn Chocolate Brownie	Roast Beef Roast Chicken + Seasoning Quorn New Potatoes Carrots + Cabbage Syrup Sponge & Custard	Herb Crusted Haddock Hot & Kickin' Quorn Chips Carrots + Peas Fruit Flapjack
THURSDAY	Hot & Kickin' Chicken Sweet Potato & Lentil Korma Rice + Beans Sultana Bun	Jacket Potato OR Rice Tuna & Cheese Chicken Tikka Masala Broccoli + Beans Iced Cake	Sausage & Yorkshire Pudding Quorn Sausage Cheesy Puddings Creamed Potatoes Carrot + Swede +Broccoli Fruit Salad & Ice Cream
FRIDAY	Burger In A Bun Tuna OR Cheese Roll Variety of Salad Carrots + Peas Rice Pudding OR Fruit Smoothies	Sandwiches; Ham, Cheese, Tuna, Egg, Cucumber, Smoked Salmon or Coronation Chicken Fruit Juice Fruit Salad OR Yoghurt	Chilli Fajitas Rice + Chilli Vegetable Mince Tuna + Sweetcorn Strawberry Cheesecake

NB A selection of salads and fruit is always available

Summer 2010