

## The Froebelian School Extra-Curricular Activities

### **Multi-Skills**

Children will have the opportunity to develop skills introduced in Games sessions such as team games, ball skills and activities which help develop gross motor skills and balance.

### **Yoga and Mindfulness**

The lessons will be taught by Rebecca Heap who is a fully qualified Children's Mindfulness and Yoga teacher, having trained with the Mindfulness in Schools Project and The Collins and Barth School of Yoga. She will be assisted by Mrs Mulligan. This club is designed to help with the stresses and strains faced by children today; giving them the tools they need to support their emotional wellbeing throughout their lives.

### **Ballet**

The class is a fun but structured introduction to Ballet following the IDTA (International Dance Teachers Association) syllabus. Rosette Awards and the pre juvenile Award will hopefully be completed over the three terms. The lessons will be taught by Lisa Rutter who has over twenty-five years teaching experience in Ballet, Tap and Jazz. She is qualified to the highest level (fellowship) within the IDTA in both Ballet and Tap. Her wealth of experience includes choreographing many pantomimes and productions in the Leeds area. Previous pupils are now enjoying professional careers as dancers and/or teachers.

### **Crafty Fingers**

This club is run by Ms Sibson. The aim of the club will be to give the children an opportunity to learn new skills. Including: weaving, sewing, collage and model making.

### **Sports Club**

This club is run by Premier Sport and is designed to expose the children to a range of enjoyable and stimulating games, which look to improve children's confidence and ability. The children will develop social, physical and sports skills through a range of different games and activities that have a Multi-Skills focus and aim to develop balance, agility and coordination.

### **Gym Club**

Come along and learn new and different skills and movements like rolling, balancing, control, coordination and balance. We will be using lots of different equipment and putting movement sequences together.  
This club is run by Ms Suggitt.

### **Ready, Steady, COOK!**

Run by Mrs Townend, this is a practical club where the children will experience different skills such as being creative with different foods as well as food safety and following simple instructions.

### **Pupil Council**

At the start of every year two pupils are elected from each class from Remove up to FIV to be the class's Pupil Council Representatives. Meetings will take place on a fortnightly basis with Mrs Stratford and Mrs Dodds during lunchtime. Pupils are invited to bring along their peer's views and any topics that they feel they would like to discuss which may help improve the school further.

### **Tennis**

Tennis is available for children in Transition and Remove on a Wednesday Lunchtime and gives children the opportunity to learn basic skills before Tennis becomes part of the PE curriculum in Form I. This club is run by Mr Jonathan Sowden, an LTA professional coach.

### **String Group**

The String Group is made up of string players from Remove to FIV. It is run by Ms Kalinowska.

### **Drawing and Painting Club**

Drawing inspiration from some of the greatest artists, we will explore different drawing techniques and practices to create our own unique works of art! This club is run by Ms Zincke

### **Sports Club**

This club is run by Premier Sport on Thursdays after school. The course is designed to expose the children to a range of enjoyable and stimulating games, which look to improve children's confidence and ability. The children will develop social, physical and sports skills through a range of different games and activities that have a Multi-Skills focus and aim to develop balance, agility and coordination.

### **Drama**

Our ever-popular Drama Club is run by Mrs Taylor-Parker, our visiting Drama teacher.

### **Library Drop-in session**

Junior drop-in sessions, Mrs Jackson is on hand to help choose a book, take it away to read and return it before your next visit. Happy reading!

### **ICT Trouble Shooting**

Got a problem with ICT that no-one else can help with? Mrs Gilliland is the lady to help you. Pupils can pop into the ICT suite to practise some ICT skills, work on some homework, write a sports report or do a 'House' job.

### **Quicksticks**

This is a fun game designed to introduce children to hockey. It is 4 a side and is played with a larger, lighter and safer ball. It is fun, fast and exciting. Quicksticks does not have a goalkeeper and due to the small numbers, it offers players full involvement and increased playing time. 4 children play at any one time with the other 2 children taking on the role of umpiring and managing. These roles are then rotated throughout the game, so all children participate. It is a fully inclusive sport and great fun.

### **Board Games**

This club is aimed at stimulating children and helping them work together. Each week will be different with a variety of board games and outside including giantsnakes and ladders and skittles. This club is run by Mrs Hanson

### **Chess Club**

All Juniors are welcome to join Chess Club after school on a Wednesday. In the Spring Term, we run our Chess Tournament, where all the members of the club will play against each other throughout the term and will gain points for the results of their games. The winner of the tournament will be awarded with the school chess cup.

### **Street Dance**

All Juniors are invited to attend Street Dance. Pupils will learn pop video style routines to the latest music. Sarah O'Hagan is an ex professional dancer who began teaching ten years ago. She holds a Fellowship qualification with the IDTA in Jazz.

### **Netball**

In this class children will have the opportunity to develop skills, tactics and game play; understand the importance of playing as a team; good sportsmanship and working together. This club is run by Ms Suggitt

### **Table Tennis**

**Table tennis (sometimes known as ping pong) truly is a game for everyone.** With straightforward rules, simple equipment and a fast pace, it's a game that anybody can get stuck into. You do not need to be strong, tall or able to run a mile to play table tennis. In fact, anybody can be good at this game, all it takes is a little practice.

### **Coding Club**

Using Minecraft Education Edition (M:EE) children will dive into our specially designed world and take on a series of challenges. They will be introduced to the in-built code builder and their Coding Agent and learn to code within Minecraft. They will build structures, automate tasks such as tilling ground and laying crops, and even create survival challenge games. Throughout the course children will experiment with the M:EE chemistry

blocks, such as the material reducer, compound creator and element constructor to create new materials for items such as balloons and lightsabres! This is a great course for Minecrafters, budding coders, aspiring designers and everyone in between! This club is run by ComputerXplorers.

### **Miniature Painting Club**

This unique club gives children the chance to paint miniatures, bringing tiny characters to life before their eyes. They will be guided in a series of paint-along style sessions resulting in a completed table-top figurine to take home at the end of term. The process will develop brush control and colour theory, as well as light behaviour and how to replicate it with paint. For those who like knights, dragons and all things fantasy, this is the club for them! This club is run by Mr Swinney.

### **Samba Band**

We are delighted to be able to offer our Samba Band run by our Drum Teacher, Mr Stevens, it is open to all Juniors with those taking drum lessons having priority.

### **Craft Club**

Using a range of materials and techniques (these may include weaving, sewing, collage, model making) to create their own masterpieces, this fun club is open to all keen crafters, whether they are new to crafting or looking to develop skills they already have. This club is run by Mrs Townend.

### **Calligraphy**

This class will help children to learn the basics of calligraphy writing - the art of writing with decorative strokes. This class is run by Mrs Smith.

### **Scrabble**

Children will have the opportunity to play this classic word game. There will be tension, competition and teamwork. There's even maths, and yes, there's plenty of spelling! This club is run by Mr Rawson.

### **DT Club**

In this class, children will have the opportunity to design, model, make and test a range of products which they can take home. Including photo frames, stationary boxes and more. This class is run by Mr Finan.

### **Linguistics Club**

There's more to language than learning languages! Each week the children will engage with the *Language of the Week*, exploring the world of languages from the comfort of the classroom and learning how English compares to the way others communicate across the globe. Children will also consider how we make sounds, how we produce written language and where words in English come from in a series of creative and interactive ways. This club is run by Mr Swinney after school on a Monday and there is a charge of £22.00.

### **Abstract Craft Club**

Using a range of everyday materials, children will use their creative talents individually and in small groups to develop abstract 3D crafts. We aim to use as many recycled materials as we can and we will learn about famous abstract artists such as Jackson Pollock, Wassily Kandinsky, Pablo Picasso and Paul Klee. This club is run by Mrs Dodds and Mrs Stratford.

### **Snakes and Computers Club**

Using the Python programming language and building on IT skills taught in other areas of school, children will experience the endless possibilities of real-world coding. Through a series of fun and engaging mini projects they will learn the fundamentals of reading, writing and running one of the most popular industry programming languages as used by Google, Netflix and other digital giants. This introduction is a perfect primer for those showing an interest in computers and technology as they look toward high school. This club is run by Mr Swinney.

### **Spanish Club**

The children will be learning basic words and phrases so that they can take part in a simple conversation which will be useful for future Spanish holidays. This club is run by Miss Hazell.

Why learn Spanish? The main reason is that it is the official language in Argentina, Bolivia, Chile, Colombia, Costa Rica, Cuba, Dominican Republic, Ecuador, Equatorial Guinea, El Salvador, Guatemala, Honduras, México, Nicaragua, Panamá, Paraguay, Perú, Puerto Rico, Spain, Uruguay, and Venezuela. It is also spoken in large parts of North America. Recently it was estimated that approximately 450 million people speak Spanish around the world.

#### **Hygge**

'Hygge' is a Danish and Norwegian word for 'cosiness'. This club aims to develop a feeling of wellness and contentment through arts, crafts, and baking. This club is run by Ms Zincke.

#### **Newsbeat**

Newsbeat Club members will be busy newshounds watching and sourcing interesting stories in the news. They will gather intriguing facts and articles to share with us and keep a watchful eye on how some stories are reported in different ways throughout the week - e.g. online, TV and radio reports. Some weeks members will debate items of interest in the news giving their point of view for and against. This club is run by Mrs Handley.

#### **Football**

The children will have the opportunity to develop skills, tactics and game play. Good sportsmanship and team skills will also be developed. This club is run by Mr Heseltine.

