

Froebelian Extra

Sporting & ExtraCurricular Activities

READ MORE INSIDE



WWW.FROEBELIAN.COM

WELCOME



In our most recent inspection report, it was noted that

'Pupils speak enthusiastically about the particularly good range of extra-curricular activities, educational visits, sports fixtures and annual residential trips'

We offer an extensive range of extra-curricular activities both during the school day and after 3.30pm which are run by members of staff and specialist coaches and teachers. We know that children benefit enormously from these opportunities to widen their experience and develop new talents.

SPORT

Sport is an important and integral part of the curriculum and life at Froebelian.

In the Juniors, Children participate together in all sports in Games lessons during the year, including football, netball, rugby, hockey, cricket and rounders. All children have an equal opportunity to succeed in each sport and a culture of skills development and personal achievement is encouraged.

Football & Rugby - Our U9 and U11 football and rugby sessions are run at the purpose-built off-site facilities at Yarnbury RFC in Horsforth, and Guiseley AFC throughout the Autumn & Spring Terms.

Netball - Our U9 and U11 netball teams are coached by highly experienced and qualified staff members.

Swimming - All children in Forms I-IV (Years 3-6) have regular swimming lessons at the recently renovated Aireborough Leisure Centre, culminating in the annual Swimming Gala.

Tennis - gives children the opportunity to learn basic skills before Tennis becomes part of the PE curriculum in Form I. This club is run by LTA professional coach Mr Jonathan Sowden.



“

I absolutely love the sporting venues that we go to for football and rugby.

- a pupil

”

MUSIC

Inspiring and Motivating

Music is a unique way of communicating that can inspire and motivate children. At Froebelian we make music an enjoyable learning experience and encourage all pupils to participate in a variety of musical experiences.

In our new Music Suite, we aim to encourage children to sing and play instruments with enthusiasm from an early age, encourage them to work individually, co-operate with others and to develop confidence in all musical activities. 5

Taught to all age groups by Mrs Jones, we also welcome specialist peripatetic instrumental teachers to the school and pupils are encouraged to learn an instrument, including the voice.



“

I love how we get to perform in front of audiences throughout the year"
- a pupil

Miss Hazel Smith – Flute and Fife Teacher

Miss Smith has been teaching the flute and fife at Froebelian for 10 years. She is an experienced teacher of children and adults and directs an adult flute choir. She also enjoys playing in two ensembles that do performances in the local area.

[Listen to The Yorkshire Flute Choir here](#)

Mrs Helen Mason BMus(Hons), PGDip(RCM), Masters (CESMD) – Piano Teacher & Brass Group Leader

Mr Matthew McGuffie – Clarinet and Saxophone Teacher

Mr McGuffie has extensive experience working with students of all ages and is also an ABRSM examiner. He graduated with a Bachelor of Music Honours Degree from Huddersfield University and has dedicated the past twenty-five years to building his teaching skillset and experience whilst preparing students for instrumental and theory ABRSM and Trinity College Exams as well as GCSE and A level performance assessments.

Mr McGuffie performs in a wide variety of musical settings from Orchestral and large Wind Orchestra groups to Musical Theatre pit work, Function bands and Wedding Performances. These include performances in two recent Worlds Saxophone Congresses.

Mrs Milka Kalinowka – Violin Teacher

Milka Kalinowka is passionate about the violin and getting children involved in music from an early age. She began her musical journey when she was seven at the Primary School of Music in Gdynia Poland, graduating from the Academy of Music in Poland in 2001 with a degree and a certificate of instrumental pedagogies specialising in teaching violin. Milka has performed in chamber courses, music festivals, concerts and symphonic and chamber orchestras around the world. pianoviolinduo.co.uk

[Listen to Milka here](#)



Mr David Grainger – Guitar Teacher

David Grainger has been playing guitar for 25 years and has been a professional teacher for over 10 years. He has studied with many leading guitarists and teachers and holds a Licentiate in Guitar Performance from ABRSM.

David's focus in lessons is on developing a solid foundation of skills so that students can continue to explore and enjoy playing the guitar throughout their lives. He ensures that students play with good technique and can read music confidently. Many students go on to sit Graded examinations in guitar, with a 100% pass rate, while others explore a variety of styles of guitar playing.

[Listen to David here](#)

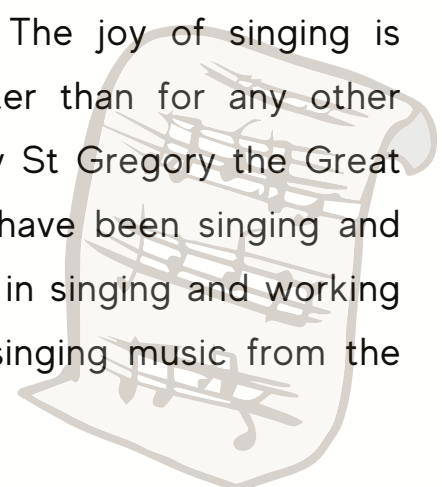
[David Grainger Website](#)

5

Singing

Singing is good for you

"There are many different benefits that arise from singing. These apply to all ages, from childhood into adulthood and through into retirement age and beyond. I know. With appropriate nurturing, singing competency will develop. Almost without exception, everyone has the potential to sing competently and enjoy singing for the whole of their life. Childhood provides a crucial opportunity to lay the foundations of a positive lifelong singing (and musical) pleasure. We singers don't need to buy an instrument. We are born with it and with careful nurturing it can turn into a most beautiful instrument. The joy of singing is unbelievable. Our repertoire is immense, probably greater than for any other instrument, and dates from the 6th Century plainchant by St Gregory the Great to the modern music from the 20th and 21st Century. I have been singing and performing all my life and still do. I get so much pleasure in singing and working with other musicians and there is so much pleasure in singing music from the 1,000-year repertoire that is available."



Pre-Prep Clubs – Lower Kindergarten to Remove

Ballet - is a fun but structured introduction to Ballet following the IDTA (International Dance Teachers Association) syllabus. Rosette Awards and the pre juvenile Award will hopefully be completed over the three terms. The lessons will be taught by Lisa Rutter who has over twenty-five years teaching experience in Ballet, Tap and Jazz. She is qualified to the highest level (fellowship) within the IDTA in both Ballet and Tap. Her wealth of experience includes choreographing many pantomimes and productions in the Leeds area. Previous pupils are now enjoying professional careers as dancers and/or teachers.

5

Pre-Prep Choir - for all of pre-prep. Come along and sing your hearts out with Mrs Soutar.

Lego Club - A place in which to design, test and build using LEGO bricks. We will use LEGO bricks to develop the children's knowledge and skills in areas such as science, technology and engineering through play. Building with LEGO bricks encourages the development of many skills: creativity, problem solving, 3D thinking, teamwork, critical and lateral thinking, understanding of concepts such as size, shape, order and pattern, improved concentration.

Library Drop-in session - Mrs Jackson is on hand to help. Come along and choose a book, take it away to read and return it before your next visit. Happy reading!

Multi Skills – Fun games and activities to help younger pupils develop the skills they need to play sports. Jumping, running, striking, hitting and kicking to name just a few!

Sports Club – is run by Premier Sport and is designed to expose the children to a range of enjoyable and stimulating games, which look to improve children's confidence and ability. The children will develop social, physical and sports skills through a range of different games and activities that have a Multi-Skills focus and aim to develop balance, agility and coordination.

Sticky Fingers – is run by Ms Sibson and aims to give the children an opportunity to learn new skills including weaving, sewing, collage and model making.

Yoga and Mindfulness – is taught by Rebecca Heap who is a fully qualified Children's Mindfulness and Yoga teacher, having trained with the Mindfulness in Schools Project and The Collins and Barth School of Yoga and is assisted by Mrs Mulligan. This club is designed to help with the stresses and strains faced by children today; giving them the tools they need to support their emotional wellbeing throughout their lives.

Wake Up Shake Up – Join Miss Suggitt and get ready for a day of learning with a real shake up!

For The Juniors – Form I to IV

The Froebelian Band – Join the School Band and perform at school events.

Board Games – This club is aimed at stimulating children and helping them work together. Each week will be different with a variety of board games and outdoor favourites including giant snakes and ladders and skittles.

British Sign Language – Learn all about this way of communicating with Miss Hazell.

Chess Club – All Juniors are welcome to join Chess Club. The winner of the Annual Froebelian Chess Tournament will be awarded with the school chess cup.

Junior Choir – Come along and sing your heart out with Mrs Soutar.

Craft Club – uses a range of materials and techniques (these may include weaving, sewing, collage, model making) to create their own masterpieces, this fun club is open to all keen crafters, whether they are new to crafting or looking to develop skills they already have.

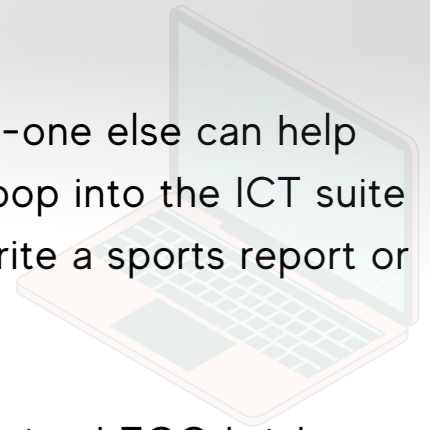
D&D Club – is a hybrid of drama, storytelling and fantasy games, where the events of the game are decided by rolling dice. Players work as a team to explore an imaginary world and progress as a character that they create, working together to solve puzzles, make friends and stop bad guys. A short person can become a tall person, a boy can play a girl, an otherwise introvert can be outgoing and sociable, imagination is the only limit!

Drama Club is run by specialist teacher, Lorraine Taylor-Parker L.R.A.M (Speech & Drama) As an ex- pupil and parent Lorraine began working at Froebelian in 1987 immediately after qualifying. She specialises in Speech and Drama but also teaches Mime, Improvisation, Theatre Skills and Public Speaking.

Fencing -Come along and discover the skills and disciplines of fencing with a specialist teacher.

French Club - come along and polish your French skills with our very own Madame Pickford.

ICT Trouble Shooting - Got a problem with ICT that no-one else can help with? Mrs Gilliland is the lady to help you. Pupils can pop into the ICT suite to practise some ICT skills, work on some homework, write a sports report or do a 'House' job.



Lego Club - A place in which to design, test and build using LEGO bricks. We will use LEGO bricks to develop the children's knowledge and skills in areas such as science, technology and engineering through play. Building with LEGO bricks encourages the development of many skills: creativity, problem solving, 3D thinking, teamwork, critical and lateral thinking, understanding of concepts such as size, shape, order and pattern, improved concentration.

Library Drop-in session - Mrs Jackson is on hand to help on a Monday Lunchtime. Come along and choose a book, take it away to read and return it before your next visit. Happy reading!

Lego Club - A place in which to design, test and build using LEGO bricks. We will use LEGO bricks to develop the children's knowledge and skills in areas such as science, technology and engineering through play. Building with LEGO bricks encourages the development of many skills: creativity, problem solving, 3D thinking, teamwork, critical and lateral thinking, understanding of concepts such as size, shape, order and pattern, improved concentration.

Library Drop-in session - Mrs Jackson is on hand to help on a Monday Lunchtime. Come along and choose a book, take it away to read and return it before your next visit. Happy reading!

Miniature Painting Club is a unique club run by Mr Swinney and gives children the chance to paint miniatures, bringing tiny characters to life before their eyes. They will be guided in a series of paint-along style sessions resulting in a completed table-top figurine to take home at the end of term. The process will develop brush control and colour theory, as well as light behaviour and how to replicate it with paint. For those who like knights, dragons and all things fantasy, this is the club for them!

Pupil Council - At the beginning of every academic year two pupils are elected from each class from Remove up to Form IV to be the class's Pupil Council Representatives. Meetings take place on a fortnightly basis with Mrs Giles. Pupils are invited to bring along their peer's views and any topics that they feel they would like to discuss which may help improve the school further.

Samba Band - is run by our Drum Teacher, Mr Stevens.

Scrabble - Children will have the opportunity to play this classic word game. There will be tension, competition and teamwork. There's even maths, and yes, there's plenty of spelling!

Snakes and Computers Club - Using the Python programming language and building on IT skills taught in other areas of school, children will experience the endless possibilities of real-world coding. Through a series of fun and engaging mini projects they will learn the fundamentals of reading, writing and running one of the most popular industry programming languages as used by Google, Netflix and other digital giants. Run by Mr Swinney, this introduction is a perfect primer for those showing an interest in computers and technology as they look toward high school.

Street Dance - Street Dance Teacher, Sarah O'Hagan is a fellow member of The International Dance Teachers Association. Alongside street dance she teaches and holds qualifications in many genres of dance including: Ballet, Tap, Contemporary Jazz and Theatre Craft to name a few. Prior to her teaching career in 2000 she worked as a professional dancer in theatre shows and onboard cruise liners. Street dance offers a variety of fun and energy packed routines to popular dance music and gives children the chance to express their creativity and "show off" their own dance ideas at the end of each session. If you would like further information about the Street Dance Club please contact: sarahohagan1@hotmail.co.uk

String Group - is made up of string players from Remove to Form IV and is run by our violin teacher Ms Kalinowska.

Ukulele Club - Come along and learn Ukelele with Mrs Jones.

Wake Up Shake Up - Join Miss Suggitt and get ready for a day of learning with a real shake up!

Yoga and Mindfulness lessons are taught by Rebecca Heap who is a fully qualified Children's Mindfulness and Yoga teacher, having trained with the Mindfulness in Schools Project and The Collins and Barth School of Yoga. This club is designed to help with the stresses and strains faced by children today; giving them the tools they need to support their emotional wellbeing throughout their lives.

Froelibobs – The Froebelian School Holiday Club

Froelibobs is open 51 weeks a year and is for all pupils from the age of 3-11 years, with a closure week between Christmas and New Year (and closed on bank holidays).

Froebelian Pupils enjoy a host of activities in our holiday club iYoga with specialist teacher Rebecca Heap as well as a 'Woodland Adventure' and an afternoon of 'It's A Knockout' challenges.

5

All this alongside a multitude of sporting, baking and crafting activities.

Alumni News

Moh Ritson Makes His GT Cup debut



We are always delighted to hear from past Froebelian pupils and 2013 leaver, Moh Ritson, was in touch recently.

Moh started competitive racing during his GCSEs and continues to pursue his GT racing career whilst on his year out before heading to University in September. He kicked off this season in April in the "GT Cup Championship" at Donington Park, racing a McLaren 570 GT4 with Paddock Motorsport headed up by Martin Plowman (Le Mans winner) and Kelvin Fletcher (speedy racer and winner of Strictly Come Dancing 2019). Along with his teammate, Tom Rawlings, Moh made a big impression, bringing home silverware with two class podiums between them.

An incredible achievement – we can't wait for you to come back to Froebelian to tell us all about it!

5

