

MENU

WEEK 3

CHEF MATTY'S MENU IS CREATED FROM SCRATCH, DAILY WITH FRESH INGREDIENTS SO THIS MENU MAY CHANGE DAY TO DAY WHILST REMAINING SYMPATHETIC TO ALL DIETARY REQUIREMENTS

MONDAY

THAI CHICKEN CURRY
WITH FRAGRANT RICE

CARROT CAKE

TUESDAY

BEEF CASSEROLE
WITH HOMEMADE YORKSHIRE
PUDDINGS

WHITE CHOCOLATE
FLAPJACK

WEDNESDAY

CHICKEN BURGER
BEEF BURGER
VEGGIE BURGER

LEMON & VANILLA
SPONGE

THURSDAY

CHICKEN LASAGNE
WITH GARLIC BREAD

DOUBLE CHOCOLATE
SPONGE WITH TOFFEE
CREAM

FRIDAY

FISH FRIDAY

FRUIT CRUMBLE &
CUSTARD

A DAILY SELECTION OF FRESH FRUIT

SEASONAL VEGETABLES

INCLUDING:
ROAST POTATOES
CHIPS/WEDGES
BROCCOLI
CAULIFLOWER
GREEN BEANS
CARROTS
PEAS
LEEKs
CAPONATA
BEANS

SALADS

INCLUDING:
MIXED LEAF
BEETROOT AND GOATS CHEESE
TOMATO AND MOZZARELLA
HOMEMADE COLESLAW
CRUDITES OF CARROTS, PEPPERS,
& CELERY
SWEETCORN
SERVED WITH FRESH BREAD

VEGAN, VEGETARIAN, HALAL, NON HALAL OPTIONS ALWAYS AVAILABLE
ALLERGIES ALWAYS CATERED FOR



THE FROEBELIAN SCHOOL
GIVING A FLYING START TO THE CITIZENS OF TOMORROW

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