

MENU

WEEK 1

CHEF MATTY'S MENU IS CREATED FROM SCRATCH, DAILY WITH FRESH INGREDIENTS SO THIS MENU MAY CHANGE DAY TO DAY WHILST REMAINING SYMPATHETIC TO ALL DIETARY REQUIREMENTS

MONDAY

CHICKEN KIEV
MINTED PEAS

APPLE & PEACH
CRUMBLE

TUESDAY

CHOP SUEY
CHICKEN
FRIED RICE

CARROT CAKE

WEDNESDAY

SPAGHETTI
BOLOGNESE
GARLIC BREAD

LEMON & BERRY
BASKETS

THURSDAY

ROAST OF THE DAY
WITH ALL THE TRIMMINGS

CHOCOLATE & ORANGE CAKE

FRIDAY

FISH FRIDAY

ETON MESS

A DAILY SELECTION OF FRESH FRUIT

SEASONAL VEGETABLES

INCLUDING:
ROAST POTATOES
CHIPS/WEDGES
BROCCOLI
CAULIFLOWER
GREEN BEANS
CARROTS
PEAS
LEEKs
CAPONATA
BEANS

SALADS

INCLUDING:
MIXED LEAF
BEETROOT AND GOATS CHEESE
TOMATO AND MOZZARELLA
HOMEMADE COLESLAW
CRUDITES OF CARROTS, PEPPERS,
& CELERY
SWEETCORN
SERVED WITH FRESH BREAD

VEGAN, VEGETARIAN, HALAL, NON HALAL OPTIONS ALWAYS AVAILABLE
ALLERGIES ALWAYS CATERED FOR



THE FROEBELIAN SCHOOL
GIVING A FLYING START TO THE CITIZENS OF TOMORROW

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WEEK 2

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MONDAY

SPANISH
CHICKEN
CHORIZO,
PATATAS BRAVAS

LEMON & VANILLA
SPONGE

TUESDAY

STICKY BBQ BEEF
'SLAW, & SALAD
POTATOES

APPLE & RASPBERRY
CRUMBLE

WEDNESDAY

GARLIC
CHICKEN
ROAST POTATOES

DOUBLE CHOCOLATE
BROWNIE

THURSDAY

LAMB KOFTA
RAITA, FLAT BREAD

VICTORIA SPONGE CAKE

FRIDAY

FISH FRIDAY

FRUIT COCKTAIL

A DAILY SELECTION OF FRESH FRUIT

SEASONAL VEGETABLES

INCLUDING:

ROAST POTATOES
CHIPS/WEDGES
BROCCOLI
CAULIFLOWER
GREEN BEANS
CARROTS
PEAS
LEEKs
CAPONATA
BEANS

SALADS

INCLUDING:

MIXED LEAF
BEETROOT AND GOATS CHEESE
TOMATO AND MOZZARELLA
HOMEMADE COLESLAW
CRUDITES OF CARROTS, PEPPERS,
& CELERY
SWEETCORN
SERVED WITH FRESH BREAD

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WEEK 3

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MONDAY

CHICKEN FAJITAS
TOMATO SALSA,
GUACAMOLE

WHITE CHOCOLATE
SPONGE WITH
TOFFEE CREAM

TUESDAY

BURGER DAY
BEEF, CHICKEN OR
VEGETARIAN

TIRAMISU

WEDNESDAY

THYME & ROSEMARY
ROASTED CHICKEN
MINTED POTATOES

DOUBLE CHOCOLATE
BROWNIE

THURSDAY

CHICKEN ROGAN JOSH
NAAN, RICE

CARROT CAKE

FRIDAY

FISH FRIDAY

APPLE & PEACH CRUMBLE

A DAILY SELECTION OF FRESH FRUIT

SEASONAL VEGETABLES

INCLUDING:
ROAST POTATOES
CHIPS/WEDGES
BROCCOLI
CAULIFLOWER
GREEN BEANS
CARROTS
PEAS
LEEKs
CAPONATA
BEANS

SALADS

INCLUDING:
MIXED LEAF
BEETROOT AND GOATS CHEESE
TOMATO AND MOZZARELLA
HOMEMADE COLESLAW
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